

Mila Galle

Textile maker, thinker, designer and artist

2025



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CV

Mila Galle

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Education

09/2023- Master of Arts, Aalto University, Fashion Clothing and Textile Design
09/2020-12/2023 Bachelor of Arts, Aalto University
08/2019-09/2020 Tekstiilin- ja muotialan ammattitutkinto, Stadin ao.
2014-2015 Ekspressiivisen taideterapian menetelmäkoulutus, Ihmissuhde ry.
2011-2013 Tekstiiliartesaani, Oulun seudun ammattiopisto

Exhibitions

2014 Materiaalin olemuksesta, Forssan Tekstiiliviikko
Everyday Plainweave, Laura Harjamäki & Mila Galle

2024 Kudotut kankaat, Aalto University
2023 Experimental Textile Design Exhibition: Textiles and Temporal Expressions, Aalto University
Beyond Threads, Mila Galle
Everyday Plain weave, Laura Harjamäki & Mila Galle

2022 Collaborative Projects Exhibition, Helsinki, Installation, Pii Wahlroos & Olli Autio & Mila Galle

Zine

2021 Click Present, Aalto University
Exercise

Work experiment

2023
2025 Research assistant, Textile Futures, Aalto University
6/2024-8/2024 Research assistant, T-REX-project, Aalto University
2020-2021 Shift manager, Twelve Textiles
2018- Sewing & repairing, freelance



The Binding Spots of Citizen Engagement

Master thesis

2025

An interview study on how citizen engagement is defined in the context of textiles in Helsinki, utilizing textile metaphors.

I use weaving both as metaphor and a method - its directions and structures serve as tools for organizing research data and visualizing complex connections. When warp meets weft, a binding spot emerges where empirical findings are woven together with theory, revealing hidden themes within citizen engagement. The exhibited photographs document experiments with various materials in plain weave, the most used weave structure of woven fabrics, each exploring different dimensions of connection.





Everyday Plain weave

Laura Harjamäki & Mila galle

2024

Throughout history, textiles have been used as a metaphor for time and life. In this work, everyday life is viewed through the lens of plain weave. The work consists of videos in which the everyday lives of the authors progress along with their steps. The videos intersect with each other like warp and weft and form a traditional textile structure, plain weave.

Day after day, we may walk the same routes. How our thoughts or state of mind can be seen in the rhythm of our steps? Sometimes the atmosphere of our everyday life is tighter, there is a lot going on. Sometimes the days weave together more airily. We weave our everyday life together with others, meeting here and there like warp and weft.

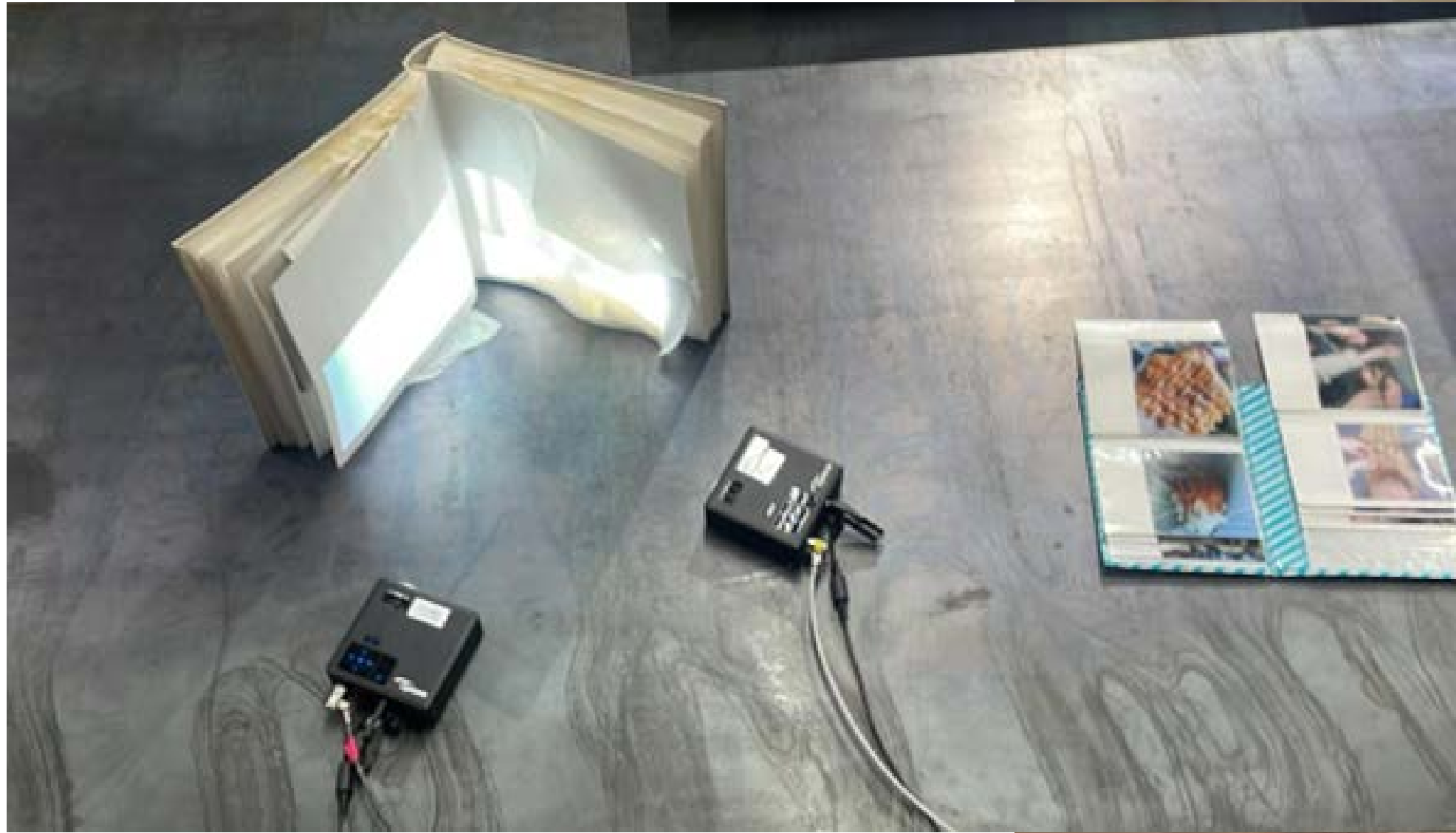
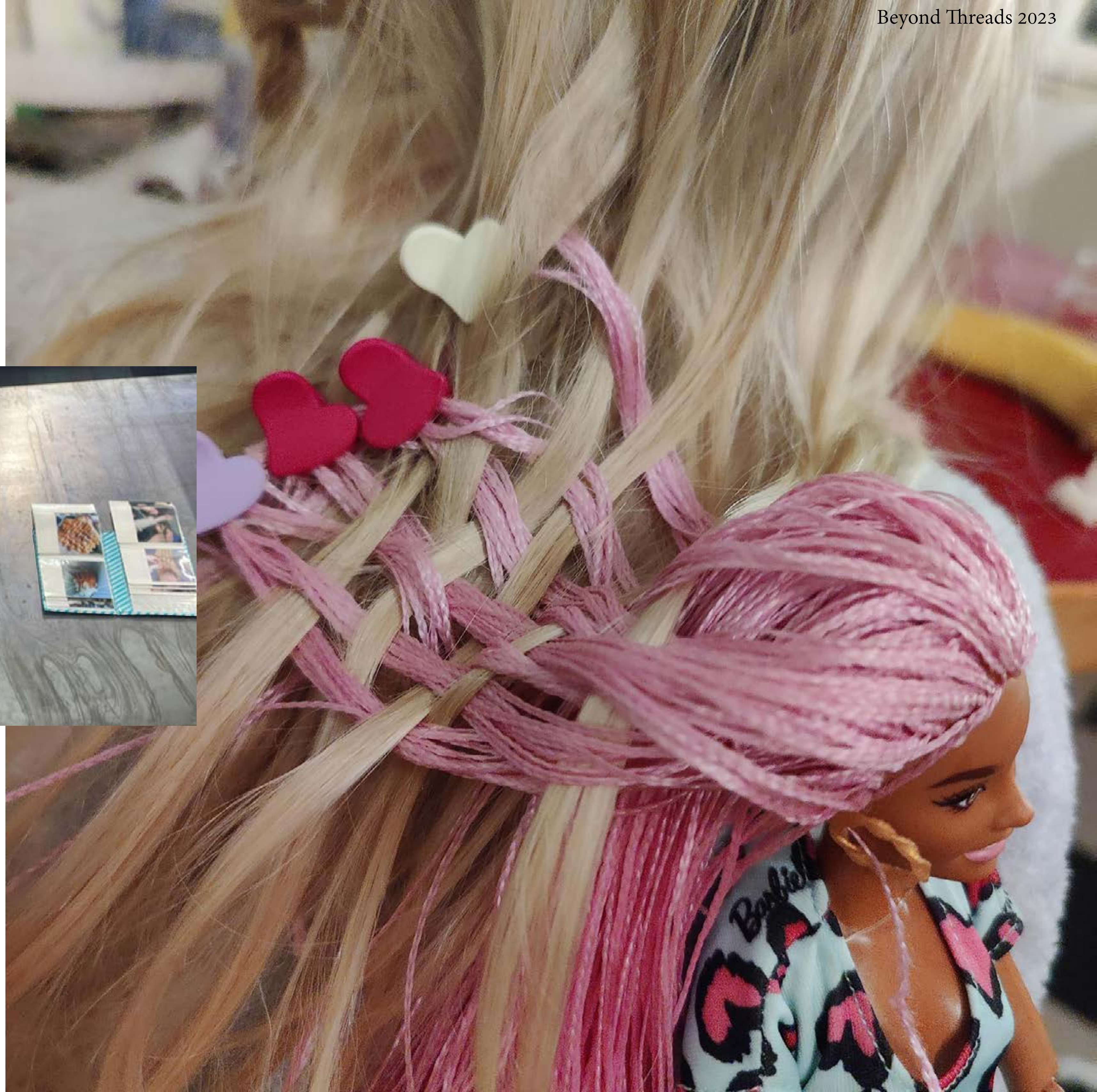




Beyond Threads

2023

This work reflects my passion for the plain weave structure. How can I approach things using textile thinking without producing any material? Throughout history, textiles have served as a metaphor for time and life. In this work, everyday life is examined through the lens of plain weave. Examining the directions of weft and warp explores space.







Mielikuva

Bachelor thesis

2023

I have embraced the images evoked by expressive art therapy exercises and allowed myself to be guided by primary creativity and intuition. My goal was to gain new experiences, challenge my own thoughts, and explore the possibilities of the future.





Almanca da da
Almanca da da
Almanca da da
Almanca da da
Almanca da da



Hazy

Woven Fabric Collection

2024







Unfortunate Awakenings

Print Collection

2024

Vireystila

Print Collection

2022





Installation

Group work

Pii Wahlroos & Olli Autio & Mila Galle

2022



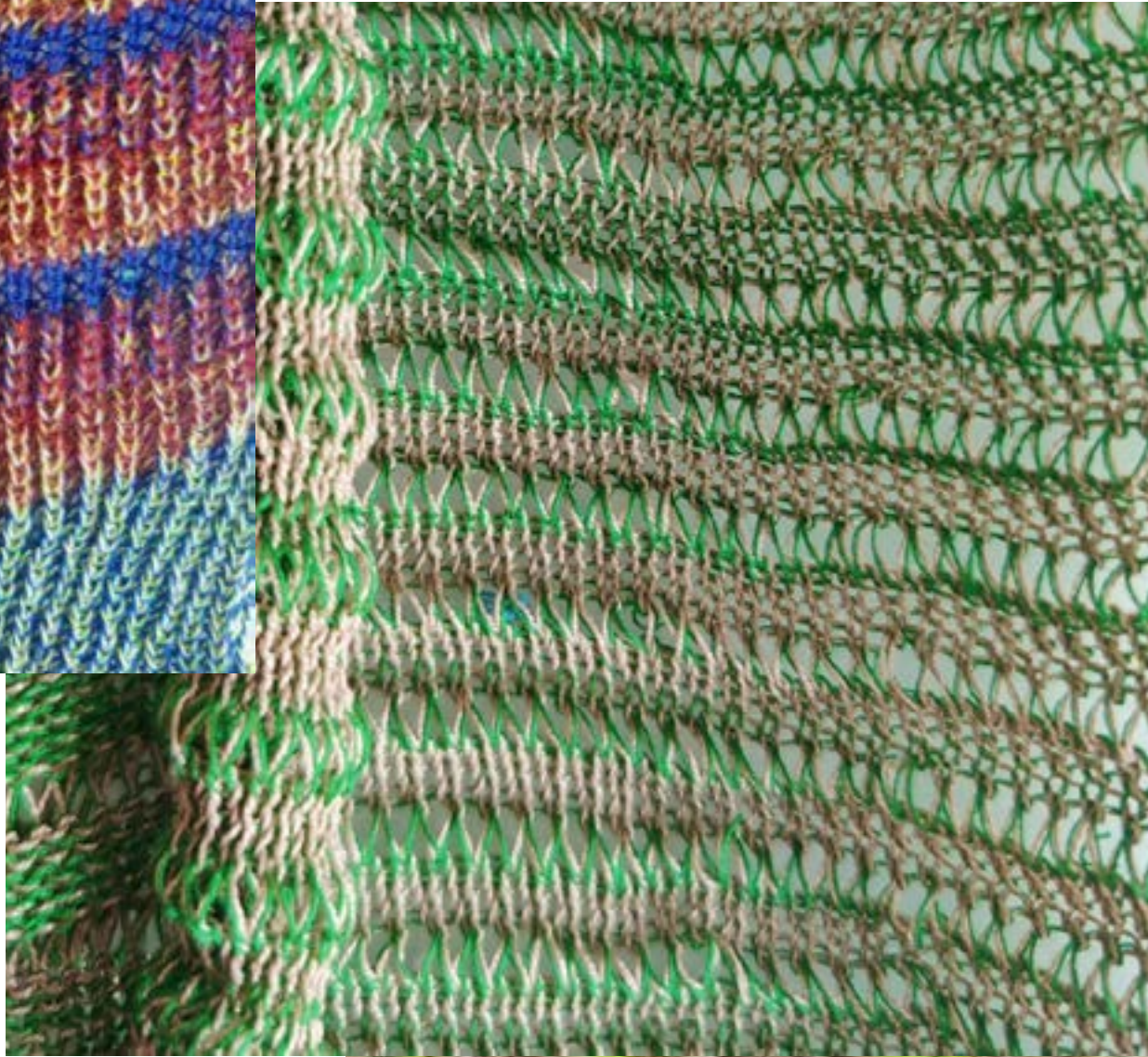
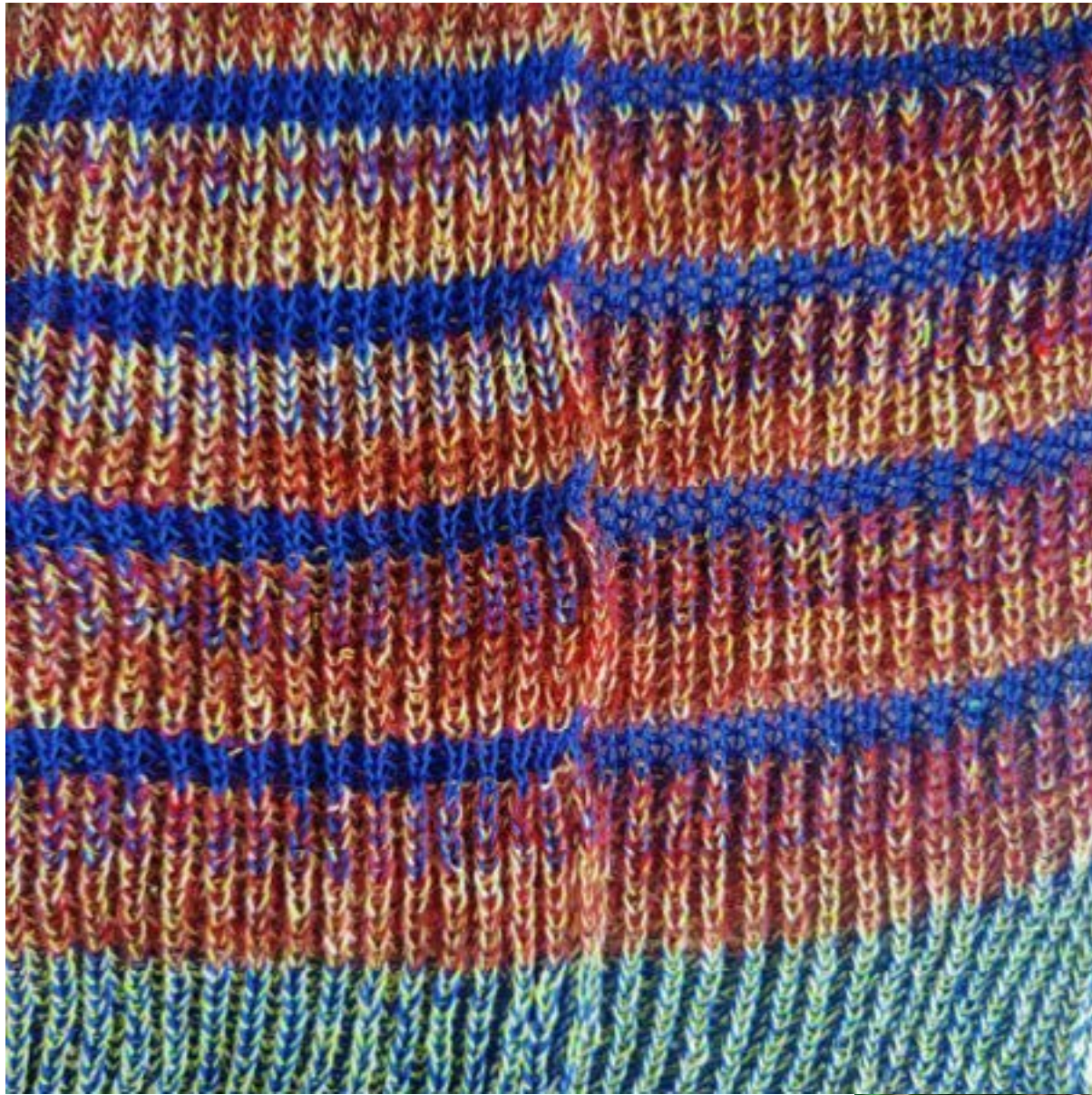




Play

Knit Collection

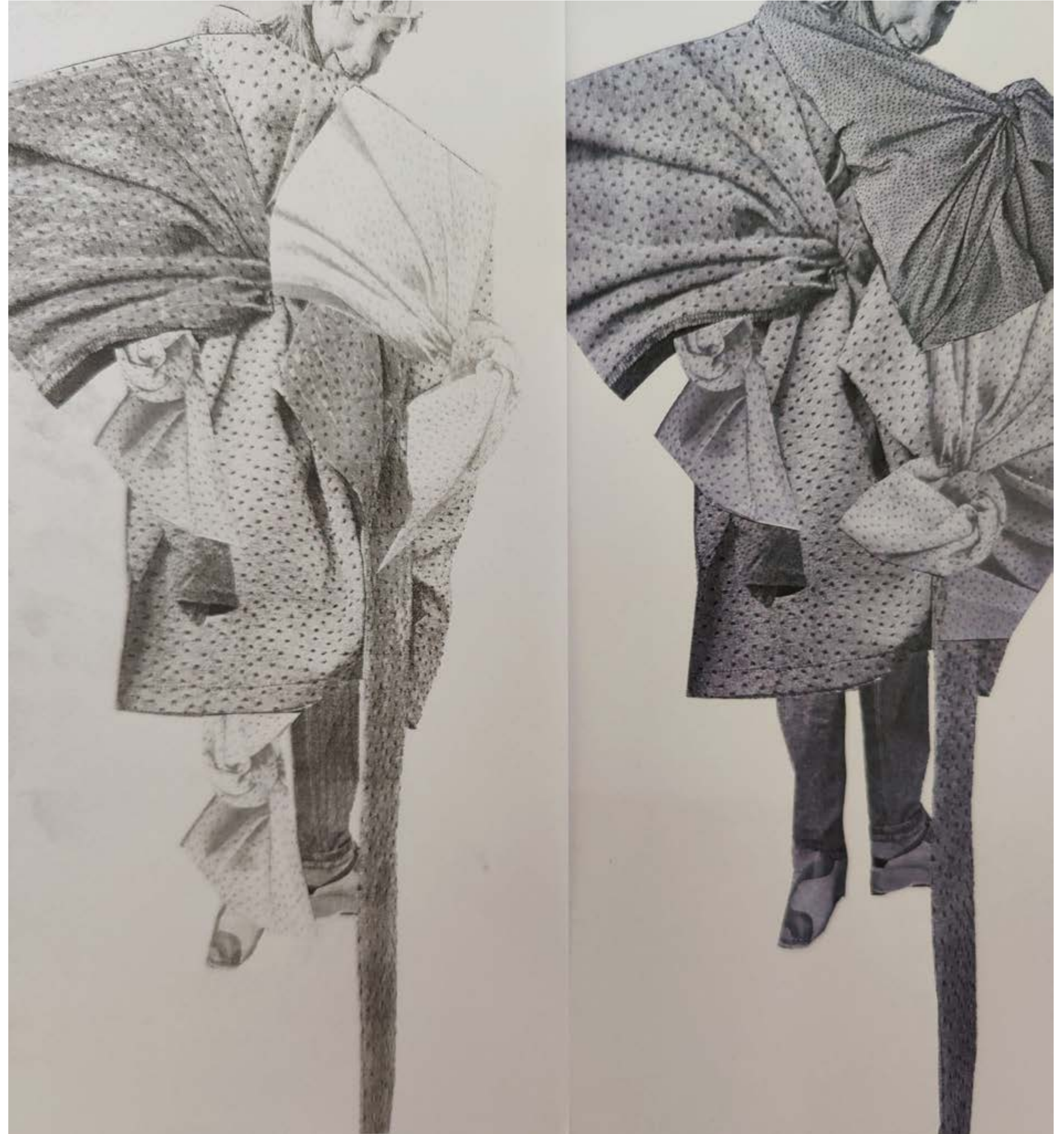
2022



Exercise

Click Present -zine

2021





MILA GALLE

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EXERCISE

I started my experiment with collages with knotted outfits. I liked their asymmetry and layering. The other I wanted to bring to the experiment was movement. Movement helps me relieve anxiety and outline the contours of the body. I have done three experiments, or I call them exercises. In the exercises, the garment is created as a product of the movement.

First, I arranged a night date with a friend on a rock. I took old fabrics and old bedspread with me. I had the idea of wrestling with the cloth. I made holes in the fabric that we tried to go through until the fabric was pressed against the body. The exercise produced sweat and sound because of the thick woven fabrics. You got to wrestle with them quite seriously. I also did the exercise myself. However, it was easier to observe a friend doing it. My friend did the exercise with two fabrics. The experiment with two fabrics was the most layered of all the experiments and had the most knots. I also observed that the exercise created an asymmetry that I wanted. It also produced a large number of materials in a brief period of time.

The following experiments we did with flexible material. The flexibility brought the garment closer to the body and feeling of compression. The elastic material allowed my friend to lean on the fabric. For example, the hood supported the head. Unwrapping the garment without plain seams proved difficult. Under the experiment should have been a body on which a garment would have been stitched by hand. During this experiment, I also examined sensory clothing. Some of the sensory garments were tight bodies placed under the garments. They are also called as under huggers.

Finally, as the exercises progressed the idea was born of a movement serie in which all seven outfits would develop. I made a body with cap sleeves, to have a feeling of fabric that is flexible but also solid and compact. The body settles under the main cloth, creating the final outfit together. I did not get a perfectly executed movement serie with seven outfits. Nevertheless, the final outfit is simple and powerful and it is from the beginning of the exercise. The final material choice was based on the properties of the fabric and the color was selected because of its neutrality.

The exercises were successful. The combination of mind, movement, and clothing will appeal, and I will continue expand my research. The experiment brought many insights, gave tools for design, and freed from old thinking. However, there was often a rush to work with. I would have needed another person to work full-time. In the future there will be smart clothes with distinct functions such as anxiety relief. To create such solutions, I will keep investigating through different exercises.



Other works

